



TRAINING SCHEDULE

Sunday, 04 November 2018

TRA Trampoline			
Time	Warm up area	Competition Hall	Training Hall
09.15	10.00	Group 1	
10.00	10.45	Group 2	Group 6
10.45	11.30	Group 3	Group 7
11.30	12.15	Group 4	Group 8
12.15	13.00	Group 5	Group 9
13.00	13.45	Group 6	Group 10
13.45	14.30	Group 7	Group 11
14.30	15.15	Group 8	Group 12
15.15	16.00	Group 9	Group 1
16.00	16.45	Group 10	Group 2
16.45	17.30	Group 11	Group 3
17.30	18.15	Group 12	Group 4
18.15	19.00	Group 12	Group 5
19.00	19.45		Group 6

TUM Tumbling			
Time	Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 1	
10.45	11.30	Group 2	Open Training
11.30	12.15	Group 3	
12.15	13.00	Group 4	
13.00	13.45	Group 5	
13.45	14.30	Group 6	
14.30	15.15	Group 7	
15.15	16.00	Group 8	
16.00	16.45	Group 9	
16.45	17.30	Group 10	
17.30	18.15	Group 10	

DMT Double Mini-Trampoline			
Time	Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 1	Open Training
11.30	12.15	Group 2	
12.15	13.00	Group 3	
13.00	13.45	Group 4	
13.45	14.30	Group 5	
14.30	15.15	Group 6	
15.15	16.00	Group 7	
16.00	16.45	Group 8	
16.45	17.30	Group 8	
17.30	18.15		

Appendix 6b



Monday, 05 November 2018

TRA Trampoline			
Time	Warm up area	Competition Hall	Training Hall
08.30	09.15		
09.15	10.00	Group 7	
10.00	10.45	Group 8	Group 1
10.45	11.30	Group 9	Group 2
11.30	12.15	Group 10	Group 3
12.15	13.00	Group 11	Group 4
13.00	13.45	Group 12	Group 5
13.45	14.30	Group 1	Group 6
14.30	15.15	Group 2	Group 12
15.15	16.00	Group 3	Group 7
16.00	16.45	Group 4	Group 8
16.45	17.30	Group 5	Group 9
17.30	18.15	Group 6	Group 10
18.15	19.00	Group 6	Group 11
19.00	19.45		Group 12

TUM Tumbling			
Time	Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 6	
10.45	11.30	Group 7	Group 6
11.30	12.15	Group 8	Group 7
12.15	13.00	Group 9	Group 8
13.00	13.45	Group 10	Group 9
13.45	14.30	Group 1	Group 10
14.30	15.15	Group 2	Group 1
15.15	16.00	Group 3	Group 2
16.00	16.45	Group 4	Group 3
16.45	17.30	Group 5	Group 4
17.30	18.15	Group 5	

DMT Double Mini-Trampoline			
Time	Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 5	
11.30	12.15	Group 6	Group 5
12.15	13.00	Group 7	Group 6
13.00	13.45	Group 8	Group 7
13.45	14.30	Group 1	Group 8
14.30	15.15	Group 2	Group 1
15.15	16.00	Group 3	Group 2
16.00	16.45	Group 4	Group 3
16.45	17.30	Group 4	Group 4
17.30	18.15		

Appendix 6b



Tuesday, 06 November 2018

TRA Trampoline			
Time	Warm up area	Competition Hall	Training Hall
09.15	10.00	Group 1	
10.00	10.45	Group 2	Group 6
10.45	11.30	Group 3	Group 7
11.30	12.15	Group 4	Group 8
12.15	13.00	Group 5	Group 9
13.00	13.45	Group 6	Group 10
13.45	14.30	Group 7	Group 11
14.30	15.15	Group 8	Group 12
15.15	16.00	Group 9	Group 1
16.00	16.45	Group 10	Group 2
16.45	17.30	Group 11	Group 3
17.30	18.15	Group 12	Group 4
18.15	19.00	Group 12	Group 5
19.00	19.45		Group 6

TUM Tumbling			
Time	Warm up area	Competition Hall	Training Hall
10.00	10.45	Group 1	
10.45	11.30	Group 2	Group 1
11.30	12.15	Group 3	Group 2
12.15	13.00	Group 4	Group 3
13.00	13.45	Group 5	Group 4
13.45	14.30	Group 6	Group 5
14.30	15.15	Group 7	Group 6
15.15	16.00	Group 8	Group 7
16.00	16.45	Group 9	Group 8
16.45	17.30	Group 10	Group 9
17.30	18.15		Group 10

DMT Double Mini-Trampoline			
Time	Warm up area	Competition Hall	Training Hall
10.45	11.30	Group 1	
11.30	12.15	Group 2	Group 1
12.15	13.00	Group 3	Group 2
13.00	13.45	Group 4	Group 3
13.45	14.30	Group 5	Group 4
14.30	15.15	Group 6	Group 5
15.15	16.00	Group 7	Group 6
16.00	16.45	Group 8	Group 7
16.45	17.30		Group 8
17.30	18.15		

Appendix 6b



Wednesday, 07 November 2017 - Thursday, 08 November 2018

TRA Trampoline			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMpetition	Free Training

TUM Tumbling			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMpetition	Free Training

DMT Double Mini-Trampoline			
Time	Warm up area	Competition Hall	Training Hall
	Warm-up as per competition schedule	COMpetition	Free Training

Appendix 6b

